

Blessing Before Each Meal

Gathered at this table, Holy Spirit come!

Fill us with Your presence, bind our hearts as one.

Bless this time together, Jesus give us peace.

Come Lord be with us, join us as we meet.

Come Lord be with us, bless this food we eat.

AMEN

Blessing After Each Meal

As we leave this table, fed by Your own hand.

Holy Spirit fill us 'til we meet again.

Jesus as we leave here, let us walk Your way

Sharing God's Blessings, as we do and say,

Sharing forever, Your love here today.

AMEN